

# November

## Preschool 2

### Ten Little Leaves

One little, two little,  
three little leaves  
four little, five little, six  
Little leaves,  
Seven little, eight little,  
Nine little leaves,  
Ten little leaves  
Fall down.

### Special Days

November 11<sup>th</sup> - Remembrance Day



### Expressing Emotions

This month we will be working on learning what feelings and emotions are, understanding how and why they happen. Recognizing one's own feelings and those of others and developing effective ways of managing them. We are going to do so by:

1. Recognizing and naming our emotions
2. Labelling how we feel.
3. Communicating
4. Showing how we feel

These are ways we are going to incorporate our emotional developmentally skills.

### Reminders

As the weather changes, we recommend that parents please provide your children with appropriate attire for out-door play.

## Skills we are going to be working on

**Fine motor skills:** Hand eye- coordination in constructing puzzles

**Gross motor skills:** Exploring the outdoors and doing yoga stretches.

**Self-help Skills:** Doing the flip trick to put on our jackets and attempting to zip it up.

**Social skill:** Interacting with peers and using language to regulate own behaviour.

**Cognition skills:** Counting stairs while walking up / down and problem solving by identifying the problem and taking the necessary actions to solve it.

### How Does Learning Happen?

Expression:” Every child is a capable communicator who expresses himself or herself in many ways. Early childhood programs foster communications and expression in all forms” (How Does Learning Happen – pg. 23).



### Ideas for Home

Name the letters of the alphabet.

- Sit and listen to a book.
- Retell events from a favourite story.
- Draw and write shapes and letters.
- Write his/her first name.
- Label drawings.
- Tell a story through drawing and/or writing.
- Sort objects.