

Pre 1 October 2020-Calendar



“According to the four foundation of learning, communication also happens through creative expression.” When children manipulate materials, explore music and movement, create symbols (e.g., mark-making), and engage in imaginative expression (e.g., visual art) and dramatic play, they are communicating. Creating and designing fuse together the cognitive, emotional, and physical domains – thinking, feeling, and doing. Encouraging the creative expression of ideas, feelings, and interpretations using a variety of materials also helps solidify children’s learning. The sense of expression also enhances their creative problem-solving and critical thinking skills and strengthens their memory and sense of identity. **“How does Learning Happen?” (pg.42)**



October 12 Thanksgiving Centre Closed



Tips to a healthy lifestyle:

- According to Toronto Nutrition Guide, it is important to offer water for thirst, avoid drinks and foods that contain caffeine and limit processed foods for your preschoolers.
- <https://www.toronto.ca/community-people/children-parenting/pregnancy-and-parenting/parenting/feeding-your-child/feeding-your-toddlerpreschooler/food-and-your-childs-behaviour/>
- ***Due to Covid-19 restrictions we will be unable to wear Halloween costumes this year**

Self Help Skills

- Reviewing hand washing procedure and practicing proper coughing ethics. (Toronto Public Health Guidelines)
- Respecting personal space & virtual hugs or high fives.



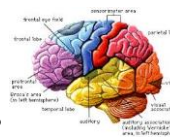
Skills we will be working on

- Standing on one foot with arms out stretch (5.1)
- Catching a ball with both hands
- Placing boots on boot rack with picture clue (3.7)
- Doing up zippers, taking off & putting on sweaters & fall coats. (5.3)



Reminders

Please bring extra seasonal clothing for you child including socks, sweaters, long pants and coat. Please take a few mins to label each child’s item.



Did You Know?

Did you know where the term “The Fall season” came from? **Recorded** as early as the late 1300s, **Autumn** is from the French autompne and Latin autumns, whose deeper roots are obscure. Chaucer and Shakespeare both used it in their works, notably. Now, American English speakers use both **Fall** and **Autumn**, though **Fall** became more common in the US by the late 1800s.

www.livescience.com > 34260-fall-autumn-season-names