

From the Desk of the Supervisor

Each year, Terry Tan's Board of Directors calls an **Annual General Meeting** for all members of Terry Tan Child Centre. Each family enrolled at Terry Tan, is considered a member of the organization and, as such, has the privilege of not only attending this important opportunity to acknowledge the past year's accomplishments and goals, but also each month's Board meeting.

*Summer holiday charts are available in your child's classroom. If you are planning on taking vacation during the summer please remember to fill out the chart. This will help with meal preparation and staffing.

*Do you have a special talent or hobby that you would like to share with the children? Would you like to come read a story to your child's class during the summer? If so please speak to the educators in the class to arrange a date.

Our revised Program Statement for 2019 may be found on our website for your information and reference

Board and Staff News

Our Annual General Meeting will be held in the school library on Wednesday, June 5, 2019. Registration is 6:00-6:15

Please remember to **notify the centre in writing at least ONE MONTH in advance** if you are withdrawing your child from our program. This meets the policy need as well as the other families who are sitting on the waitlist.

Thanks in advance on their behalf!

Special Dates

16th – Father's Day



21st First day of summer

27th – last day of school

28th - PA Day



Interesting to Note

Sun safety tips

You can protect your family and still have fun under the sun.

Cover up. When the UV Index is 3 or higher, protect your skin as much as possible. Wear light-coloured, long-sleeved shirts, pants, and a wide-brimmed hat made from breathable fabric. When you buy sunglasses, make sure they provide protection against both UVA and UVB rays.

Limit your time in the sun. Keep out of the sun and heat between 11 a.m. and 3 p.m. The UV index in Canada can be 3 or higher during those times. When your shadow is shorter than you, the sun is very strong. Look for places with lots of shade, like a park with big trees, partial roofs, awnings, umbrellas or gazebo tents. Always take an umbrella to the beach.

Use the UV Index forecast. Tune in to local radio and TV stations or check online for the UV index forecast in your area. When the UV index is 3 or higher, wear protective clothing, sunglasses, and sunscreen, even when it's cloudy.

Use sunscreen. Put sunscreen on when the UV index is 3 or higher. Use sunscreen labelled "broad spectrum" and "water resistant" with an SPF of at least 30.

Drink plenty of cool liquids (especially water) before you feel thirsty. If sunny days are also hot and humid, stay cool and hydrated to avoid heat illness. Dehydration (not having enough fluids in your body) is dangerous, and thirst is not a good indicator of dehydration.

