



### *From the Desk of the Supervisor*

#### MEDICATION POLICY

Only prescription drugs in the original container, with the label outlining date of issue, dosage will be given to a child. Non-prescription drugs (i.e. Tylenol) will be given to **INFANTS ONLY** if accompanied by a doctor's note outlining amount to be administered and criteria to administer (fever). An exception to this would be in the event of febrile seizures when the parent completes the Extreme Medical Form.

Parents must complete and sign the Medication Form. These are to be kept in the child's classroom and a Registered Early Childhood Educator or a designate by the Supervisor/Executive Director will be responsible for administering the medication and signing the form. All completed forms are to be kept in the child's file in the Office.

All medication must be kept locked either in a cupboard or in the refrigerator. RECE's are responsible for returning unused medication and/or empty bottles to parents for disposal. All expiry dates will be monitored.

#### Reminders

Please check your child's cubby on a regular basis for supplies they may need i.e. Diapers, shoes, change of clothes etc.

- We have a good supply of sippy cups so there is no need to send in one from home.
- **Please remember that food from home may not come into the Centre.**
- Sometimes clothing gets mixed up and sent home with another child. If you have clothes that do not belong to your child, please bring them back and label everything to avoid lost items.

#### Board and Staff News

The Board Meeting will be held September 11 at 6:00pm at our Eatonville location. Please let Michelle know if you plan to attend.

#### Changes effective September

We would like to welcome Keith and Sandy from our Eatonville location.

Yolanda will be joining Hazel and Sandy in Toddler-1,  
Keith will be joining Ashley in Preschool-2 and Judy will transfer to Eatonville in the School Age program.

#### Important Dates:



- **2- centre closed-**  
Labour Day
- **23-** Autumn begins
- **30-** Rosh Hashanah

It is important that we can connect with you, especially in the event of an emergency! Please notify the centre if any of your contact information (email or phone) has changed.

#### Dodging childcare germs

It's not uncommon for children to catch as many as 8-10 colds each year before the age of 2. There's a slew of bugs your children may bring home; in addition to cough associated with cold, mild sore throat & congestion, gastrointestinal viruses that cause bouts of diarrhea or vomiting are also common. Hand foot and mouth disease, which starts as a fever and develops as a rash or blisters on the hands, feet and inside the mouth can appear multiple times. There are 50 hand, foot and mouth viruses and your immune to only the one you had.

And the skinny on pink eye is the majority of cases are an extension of a respiratory virus and will clear up with the cold. Not sure if your child should stay home? Check your daycare illness policy and watch for symptoms such as lethargy, thick & colored mucus from nose or eyes or fever of 38.5°C or higher. Acetaminophen or ibuprofen can help to ease fever & pain are not recommended by Health Canada for children under 6.

Hand washing is one of the best ways to fight cold and flu viruses. Help your child scrub each finger with soap and water 15 seconds or more, rinse and dry. You can also help control the spread of germs by wiping commonly touched surfaces like countertops and door handles with a disinfectant wipe.

By Dr. Eisman

**CHILD CARE TOYS &  
CLASSROOMS ARE  
SANITIZED  
REGULARLY**