



March 2020 Kindergarten Calendar



Special Days & Events

March 8 th	Daylight Savings Time Begins
March 16 th -20 th	March Break
March 17 th	St. Patrick's Day
March 20 th	1st Day of Spring

Tip of the Month

With the approaching time change, clocks will move forward an hour and this can be difficult for your child. To prepare your child, you can move your child's bedtime to 15 to 30 minutes later a few days before the time change occurs and wake him or her up 15 to 30 minutes later. When the actual time change occurs, go back to regular bedtimes. This method can help reduce your child's anxiety or any mood changes when Daylight Savings Time begins. The important thing to remember is to keep sleep routines consistent, such as, bath time, story time, etc.

March Break

Mon, March 16 th	*Wear your favourite colour
Tues, March 17 th	*Wear Green *Treasure Hunt for a pot of gold
Wed, March 18 th	*Bring in your favourite book
Thurs, March 19 th	*Spring Dance Party
Fri, March 20 th	*Pajama Day & bring a stuffed animal

Skills We Will Be Working On...

PRE-READING SKILLS

- Continuing to sound out small words
- Spelling and printing small words

MATH SKILLS

- Learning about measurements
- Practicing to measure small objects, as well as, ourselves

MOTOR SKILLS

- Strengthening our muscles through exercises
- Working on our balance through Yoga

SELF-HELP SKILLS

- Continuing to practice lacing
- Working on keeping our cubbies and items organized and neat

SOCIAL SKILLS

- Learning about personal space
- Working on being gentle with friends and using our words instead of our hands

SCIENCE SKILLS

- Looking at density in liquids
- Breaking down the colours of the rainbow

