

# March

## Preschool 1 2020 Calendar



### Month-long Science Experience

- Planting, watering and watching herbs, flowering plants grow

### March 10

- Early On Centre
- Lala Yoga

### How Does Learning Happen?

#### Early Years Pedagogy

Pedagogy is defined as the understanding of how learning happens and the philosophy and practice that support that understanding of learning.

The term “pedagogy” may be unfamiliar to some in early years settings. Thinking about pedagogy provides a new way for educators to consider their work. It helps educators to:

- Look more carefully at *what* they do each and every day;
- Think about the *why* of their practice;
- Understand more deeply *how* their actions have an impact on children and their families

<http://www.edu.gov.on.ca/childcare/howlearninghappens.pdf>

### Mindfulness Exercise

#### Three hugs, three big breaths exercise.

Hug your child tight and take 3 big breaths together. Even if they don't breathe with you, your breathing will ground them;

### Skills we will be working on:

#### Pre-reading Skills

- Identifying their names and photos (3.11 letter recognition)
- Retelling stories from books that are read to them (3.9 retelling stories)

#### Self Help Skills

- Regulating our emotions when sad or upset (2.5 emotional regulation)
- Dressing in front of a mirror (2.2 identity formation, 5.3 dressing)

#### Motor Skills

- Balancing on one foot for longer periods of time (5.2 gross motor: balance)
- Exploring physical activities such as yoga and dancing (5.2 gross motor: movement and expression)

#### Math Skills

- Counting the number of friends present (4.3 determining quantity)
- Expanding knowledge of shapes and sizes (4.17 understanding two-dimensional and three-dimensional shapes)

#### Social Skills

- Sharing toys and materials with friends (1.1 making friends, 1.6 co-operating)
- Helping others persist when facing difficulties (1.4 helping skills)



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