



Kindergarten Calendar 2021

Important Days:

- September 6th – Labour Day (Centre will be closed)
- September 9th – first day of school
- September 12th – Grandparent's Day
- September 18th – Cheeseburger Day
- September 22nd – first day of fall
- September 26th – National Daughter's Day
- September 28th – National Son's Day

Recipe of the Month:

Chocolate mug cake

- 2 tbsp melted butter
 - 2 tbsp water
 - 1 tbsp cocoa powder
 - 2-3 tbsp white sugar
 - 4 tbsp flour
 - 1-2 tbsp chocolate chips
1. Mix all ingredients in order
 2. Microwave for 45 seconds to 1 minute, depending on how well done you would like your cake to be
 3. Serve with your favourite ice cream and enjoy!

Transition to Kindergarten:

Many of our friends are making the transition from Preschool to Kindergarten this September. This is a very new experience for children and parents which can be challenging to adjust to. Some things we can do as a class to help each other are:

- Older friends helping our new classmates remember the Kindergarten routine
- Reading books and asking as many questions as we have – we always have answers!
- Communicating with classmates, educators and parents if we are overwhelmed – we are always here to help!

Skills we are working on in September:

Social Skills

- Taking turns with outdoor play equipment like going up and down the slide and using bikes (1.2 conflict resolution and social problem solving skills)

Pre-reading Skills

- Connecting our daily experiences to pretend play and storytelling activities (3.9 retelling stories)

Self Help Skills

- Continuing to follow the classroom routines during transition times (2.5 regulating behaviour, focussing attention)

Motor Skills

- Increasing the time we spend doing physical activities both indoors and outdoors (5.1 increasing levels of activity, endurance)

Math Skills

- Identifying objects in terms of bigger and smaller, taller and shorter (4.11 seriating)

Grandparent's day:

This is an occasion to recognize the important grandparent figures in our lives. However, not all families are alike and not all families have a clearly defined grandparent present. It is important to recognize and acknowledge those who fill these roles in our lives but equally as important to remember those who fill other roles. Children with different family units should always feel that they **belong**. We do this by representing them in our classroom and daily lives with books, images, stories and by always paying attention to the relationships they have with their unique families and reminding them that all families, no matter the makeup, are special and important to us.

