

# September

## Preschool 1 2021 Calendar

### Important dates

6<sup>th</sup> Labour Day – Centre Closed  
22<sup>nd</sup> First day of Autumn  
23<sup>rd</sup> Parent Appreciation Affair (more details to follow)

### Exploring the outdoors while social distancing

Nature is all around us. Exploring outside with proper social distancing can happen in your yard, or virtually (though not with all the benefits).

When out on walks, have them explore even more their surrounds while keeping a safe distance from others. Nature sculptures can be built with twigs, leaves, cones, rocks etc. Notice the different kinds of patterns are created with the items you have collected. Or, let your child play in mud with old pots, pans, utensils, and household tools to develop senses and motor skills.

Take story time outside grab a blanket, some books and find a shady spot to read with your child outdoors. Pick books that talk about nature and help your child make connections. Use a lot of details to help them learn new words.

### Science Experiences

Making Discovery Bottle Combinations

- Baby Oil + Colored Water (add glitter too)
- Baby Oil + Colored Dish soap + Clear corn syrup.
- Baby Oil + Colored corn syrup + glitter.

- Baby Oil + Tempera paint (add only a little paint and be sure to coat the inside of the entire tube with baby oil first!



### How does Learning Happen?

The four foundations of learning are more important than ever during this time. Our children need to feel that they belong, they need to be engaged, to be able to express themselves, and most importantly, we need to help take care of their well-being.

### What is an example of a self-help skill?

Specifically, the term “self-help” usually refers to the following areas of independent behavior: **Eating/feeding and drinking:** Skills may include holding and using utensils properly, drinking without spilling, eating a variety of foods, proper use of a napkin, table manners, and other mealtime routines.

### How you can support your child’s math skills:

By building your child’s numeracy and maths skills **through play**. Try singing number songs and sorting toys together

### Ideas for home:

Practice simple yoga with your child, taking long walks in nature, and taking a moment each day to look at the silver lining. We all have time to recharge, look on the bright side of things, and spend much needed time with family.

### Reminder:

With the weather changing and Fall arriving soon, please remember to dress your child accordingly to spend time outdoors.