

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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AM	WW Shreddies, milk	Ricotta Cream Cheese, WW Bagels	No Nut Butter, WW/Multigrain Crackers	Granola Bars, Fresh Fruit	Yogurt, Fresh Fruit
LUNCH	Roast Chicken Drums Quinoa Pilaf Pepper and Cucumber Sticks Double Flax Seeds Bread, Fresh Fruit Milk	WW/ Vegetable Pasta Ricotta Tomato Sauce Parmesan Cheese Baby Carrots Whole Wheat Bun Fresh Fruit, Milk	Chicken Noodle Soup, Chicken, Salami & Cheese Subs, Cauliflower Floret & Celery Sticks, Sausage Bun, Mustard, Fresh Fruit, Milk	Pollack Crunchy Rice Pilaf, Ketchup Green Beans Whole Wheat Pita Fresh Fruit, Milk	Meatballs with Gravy Mashed Potatoes Broccoli Floret & Carrot Sticks Whole Wheat Bread Fresh Fruit, Milk
PM	No Nut Butter, Rice Cakes	Pumpkin Banana Loaf, Fresh Fruit	Berry Squares, Fresh Fruits	Sliced Cheddar, Apple Sauce	Tuna Salad, WW Bagels
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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