

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Multigrain Cereal, Milk	Apple Sauce, rice cakes	Oatmeal Chocolate Cookie, Milk	Granola Bars, Fresh Fruit	Hard Boiled Eggs, WW/Multigrain Crackers
LUNCH	WW/Vegetable Pasta Vegetable & Chickpea (puree) In Tomato Sauce Parmesan cheese, Cucumber & Pepper Sticks Rye Bread, Fesh Fruit, milk	Beef Tacos Lettuce, Cheese, Sour Cream, Tortilla Chips Fresh Fruit, Milk	Haddock Fillet Green Peas, Ketchup WW Italian Bread Fresh Fruit, Milk	Beef Lasagna Caesar Salad Caesar Dressing Whole Wheat Bun Fresh Fruit, milk	Chicken Breast Strips Fried Rice Honey Mustard Sauce Cauliflower Floret & Celery Sticks Whole Wheat Pita Fresh Fruit, Milk
PM	Yogurt, Fresh Fruit	Mixed Berry Loaf, Fresh Fruit	Ricotta Cream Cheese, WW/Multigrain Crackers	No Nut Butter,WW Bagels	Morning Glory Muffins, Fresh Fruit
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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