

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	WW shreddie, milk	WW Bagels, No Nut Butter	Blueberry Squares, Milk	Granola Bars, Fresh Fruit	Cottage Cheese, Fresh Fruit
LUNCH	Meatball Submarine Mashed Potatoes Cucumber & Carrot Sticks, Parmesan Cheese Sausage Bun Fresh Fruit, Milk	Teriyaki Chicken Drums, Rice Pilaf, Baby Corn, Rye Bread, Fresh Fruit, Milk	Cheese Cannelloni Green Beans WW Dinner Rolls Fresh Fruit, Milk	Beef Hamburger Corn Niblets, Sliced Cheddar, Ketchup WW Burger Buns Fresh Fruit, Milk	Fish Sticks, Spanish Rice, Ketchup Cauliflower Florets & Pepper Sticks Whole Wheat Italian Bread Fresh Fruit, Milk
PM	Carrot cake, Fresh Fruit	Sliced Cheese, Fresh Fruit	Apple Sauce, Rice Cakes	Gold Fish, Raisins, Milk	Egg Salad, WW Pita
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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