

### From the Desk of the Supervisor

## “Change is in the Air”

Terry Tan is in the process of switching email accounts. Beginning November 8<sup>th</sup>, please send all correspondence to [eatonville.terrytan@gmail.com](mailto:eatonville.terrytan@gmail.com)

Beginning November 8<sup>th</sup>, we will no longer be using our twitter account. Terry Tan will post all updates, events etc. to Instagram. Please be assured that no photos of the children will be posted. Please add terry\_tan\_eatonville to your Instagram!



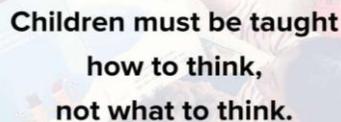
As December is approaching quickly we just want to remind everyone of the holiday closure:

December 24<sup>th</sup> - Terry Tan will close at 2:00 pm  
December 27<sup>th</sup>, 28<sup>th</sup>, 31<sup>th</sup> – Terry Tan will be closed

### Board and Staff News

The Board of Directors will be holding their next board meeting November 10 @7:00pm via zoom. Please be sure to let Shannon know if you would like to attend.

### Quote of the month



Children must be taught  
how to think,  
not what to think.

### Special Dates

11 Nov - Remembrance Day

19 Nov - PA Day for school  
(FDK/SA here all day)



### Is TV watching appropriate for babies?

According to the American Association of Pediatricians increased use of media exposure in early childhood may cause speech and language delays and impact a child's brain development. It is also associated with fewer minutes of sleep per night. Experts say that placing a child under the age of 18 months in front of the TV (or any other screen) is not appropriate. Keeping a little one entertained can be a tough job. However, young children can learn to entertain themselves for short periods of time.

Here are some tips that may be helpful:

- ❖ Provide safe kitchen tools like a plastic bowl and spoon and encourage them to play while making dinner.
- ❖ Position them in front of a mirror and let them enjoy talking to their image.
- ❖ Read books together including board books, textured books and picture books.
- ❖ Play Hide and Seek and Peek a Boo games.
- ❖ Provide sensory and moving toys to motivate exploration and movement.
- ❖ Go outdoors, enjoy Nature. Let them experience the sights and sounds, observe vehicles, creatures and people.
- ❖ Point and label each item for language development.
- ❖ Roll soft balls on the floor and watch them go for the balls.
- ❖ Have fun, watch them learn and grow!