



Preschool 1- December 2021

Song of the Month



I'm a Little Snowman

I'm a little snowman short and fat.
Here are my buttons, here is my hat.
When the sun comes out, I can't play.
I just slowly melt away.

Special Dates



December 6- end of Hanukkah
December 8- Bodhi Day
December 21- winter solstice
December 24- Xmas Eve- closed 2pm
December 26- first day of Kwanza
December 27/28/31- TT closed



”How Snowy, Cold Weather Benefits

Children’s Development & Health”

- ~children get to see the outdoors through a new lens
- ~increases exercise & using new muscles
- ~getting fresh air & avoiding bacteria
- ~new challenges & problem solving
- ~vitamin D exposure”

*Caileigh Flannigan

Ideas to do at Home



~go for a walk around neighborhood to see neighbourhood Christmas lights

~buy & donate toys for Toys For Tots

Skills we will be continuing to develop this month...

Pre- Reading & Pre- Math

~reproducing or completing patterns using tiles
~continue to

Motor Skills

~throw a ball both under & overhand
~balance on one foot for a few seconds
~screwing & unscrewing lids
~draw a circle

Cognitive Skills

~remember & retell favourite stories
~understand words like in, on, behind, & next

Social /Emotional

~initiating own play
~participate in simple group games
~recognize name in a grouping of others

Self-Help

~putting on/taking off winter boots
~putting shoes on correct feet
~engage zipper on jacket
~put on mitt/glove on one hand, get help with 2nd

Language

~using language to simply communicate when help or support is needed