

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Multigrain Cereal, Milk	Apple Sauce, Rice cakes	Oatmeal Chocolate Cookie, Milk	Granola Bars, Fresh Fruit	Hard Boiled Eggs, WW/Multigrain Crackers
LUNCH	Thai Chicken, WW/ Vegetable Pasta, Parmesan Cheese, Cucumber and Pepper Sticks, Multigrain Bread, Fresh Fruit, Milk	Turkey & Roast Vegetable Lasagna, Ceaser Salad, Ceaser Dressing, WW Bun, Fresh Fruit, Milk	Haddock Fillet, Rice & Peas, Ketchup, WW Bread, Fresh Fruit, Milk	Beef Chili, Lettuce, Cheese, Sour Cream, Tortilla Chips, Fresh Fruit, Milk	Chicken Breast Strips, Turmeric Rice, Honey Mustard Sauce, Cauliflower Floret & Celery Sticks, WW Pita, Fresh Fruit, Milk
PM	Yogurt, Fresh Fruit	Banana Coconut Loaf, Fresh Fruit	Chickpea Dip, WW/Multigrain Crackers	No Nut Butter, WW English Muffin	Morning Glory Muffins, Fresh Fruit
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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