

# Toddler 1 Calendar 2021



## Five Little Leaves

One little, two little,  
Three little leaves  
Four little, five little,  
Leaves fall down.



## Special Days



7<sup>th</sup> – Day light saving time ends

11<sup>th</sup> – Remembrance Day



## Expressing Emotions

This month we will be working on learning what feelings and emotions are, understanding how and why the way we feel. Recognizing our own feelings and those of others, while developing ways of of others and developing effective ways of managing.

### **We are going to do so by:**

1. Recognizing and naming our emotions
2. Labelling how we feel.
3. Communicating
4. Showing how we feel

These are ways we are going to incorporate our emotional developmentally skills.

## Skills we are working on:

### **Fine motor skills:**

Hand eye- coordination in constructing puzzles

### **Gross motor skills:**

Exploring the climber and doing yoga stretches.

### **Self-help Skills:**

Doing the flip trick to put on our jackets and attempting to zip it up.

### **Social skills:**

Interacting with peers and using language to regulate own behaviour.

### **Cognition skills:**

Counting stairs while walking up / down and problem solving by identifying the problem and taking the necessary actions to solve it.

## How Does Learning

## Happen?

**Well Being:** We are consistently discovering ways to encourage children to develop self-care, sense of self and self-regulation skills by providing opportunities for children to freely explore their environment and gain confidence by doing it on their own.



## Ideas for at home:

As the cold weather approaches you may find your family spending more time inside, but that doesn't mean less fun.

### **Try:**

- Having a dance party
- Playing some board games
- Building pillow forts (one of our favourites)

## Reminders

As the weather changes, please provide your child with appropriate attire for out-door play and extra clothing for their cubby.