



School Age

January Calendar 2022

Happy New Year! Here's to new beginnings and a new start!

This month we will be doing a lot of outdoor activities such as making snow forts, ice sculptures and snow angels. Please have all the appropriate clothes for outdoor activities.

For creative we will be making snowflakes, ice painting, making an ice rink out of a cardboard box, and constructing our own winter scenes. Promises to be fun!

For science we will be starting new experiments: Ice structures, making ice chalk, and experimenting with measuring and mixing different ingredients.

Ideas for you to do on the weekend with your child:

1. Skating at a local arena, either indoors or outdoors (Nathan

Phillips Square- skate rental provided).

2. Some outdoor public skating rinks in the area are the West Mall, Colonel Samuel Park (Kipling and Lakeshore), and Humber Heights Outdoor rink
3. Ice Sculptures at Nathan Phillips Square till January 7.



Recipe for Lavender and Glitter Sensory Salt

Pour fine salt into a zip lock bag
Add a few drops of liquid food colouring and a little water.
Shake it up and mix with fingers through the bag until all the colour is combined.
Add glitter and a few drops of essential oil and shake again.
Ready to use! Enjoy!

Here's to a wonderful new year! All the very best for health and happiness!

