



Bloordale Newsletter

May 2022

Celebrating 51 years providing childcare in Etobicoke

From the Desk of Administration

There is a lot of change happening this month at Terry Tan!

We wish Nancy all the best in her well-earned retirement 😊

We will be saying “See you later” to Michelle and Hazel who will be heading to Eatonville on the 16th.

Please join us in welcoming Shannon to the role of Executive Director and Andrea to Bloordale as the Co-Assistant Supervisor.




The Board of Directors will meet on May 11th via Zoom. Please let Michelle know if you would like to attend.



It is important that we can connect with you, especially in the event of an emergency! Please notify the centre if any of your contact information (email or phone) has changed.

Important dates

Follow us on Instagram 
Scan the code below



2nd - Eid al Fitr

8th- Mother's Day

23rd Victoria Day (Centre Closed)

Did You Know?

Children are encouraged to participate in daily physical activity. There are many benefits of regular physical activity for children.

Academic Performance

– Improves attention and memory

Brain Health

– Reduces risk of depression

Muscular Fitness

– Builds strong muscles and endurance

Heart and Lung Health

– Improves blood pressure and aerobic fitness

Cardiometabolic Health

– Helps maintain normal blood sugar levels

Long-term Health

– Reduces risk of several chronic diseases, including type 2 diabetes and obesity

Bone Strength

– Strengthens bones

Healthy Weight

– Helps regulate body weight and reduce body fat

