

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	WW Shreddies, milk	Arrowroot Cookies, Milk	Granola Bars, Fresh Fruit	Soft Cheese, WW Bagels	Yogurt, Fresh Fruit
LUNCH	Roast Chicken Drums, Fried Rice, Pepper and Cucumber Sticks, Double Flax Seeds Bread, Fresh Fruit Milk	WW/ Vegetable Pasta, Tomato Meat Sauce, Parmesan Cheese, Baby Carrots, Whole Wheat Bun, Fresh Fruit, Milk	Turkey Noodle Soup, Chicken, Salami & Cheese Subs, Cauliflower Floret & Celery Sticks, Sausage Bun, Mustard, Fresh Fruit, Milk	Fish Sticks, Quinoa Pilaf, Ketchup, Baby Corn, Whole Wheat Pita, Fresh Fruit, Milk	Beef Lasagna, Caesar Salad, Caesar Dressing, Multigrain Bun, Fresh Fruit, Milk
PM	Berry Squares, Fresh Fruits	No nut Butter, Rice Cakes	Gold Fish, Raisins, Milk	Apple Sauce, WW/Multigrain Crackers	Tuna Salad, WW Bagels
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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