

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--	---------------	----------------	------------------	-----------------	---------------

AM	Multigrain Cereal, Milk	Apple Sauce, Rice Cakes	Oatmeal Chocolate Cookie, Milk	Granola Bars, Fresh Fruit	Hard Boiled Eggs, WW/Multigrain Crackers
LUNCH	WW/ Vegetable Pasta, Chicken and Olives in Tomato Sauce, Parmesan Cheese, Cucumber and Pepper Sticks, Multigrain Bread, Fresh Fruit, Milk	Meatballs with Gravy, Mashed potatoes, Baby Carrots, WW Bread, Fresh Fruit, Milk	Lemon Pepper Cod, Basmati Rice, Ketchup, Broccoli Floret and Celery Sticks, WW Bun, Fresh Fruit, Milk	Sloppy Joe Nachos, Lettuce, Cheese, Sour Cream, Tortilla Chips, Fresh Fruit, Milk	Chicken Breast Strips, Rice Pilaf, BBQ Sauce, Green Beans, WW Pita, Fresh Fruit, Milk
PM	Yogurt, Arrowroot Cookies	Apple Banana Raisin Loaf, Fresh Fruit	Soft Cheese, WW/Blueberry Bagels	Morning Glory Muffins, Fresh Fruit	No Nut Butter, WW English Muffin
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

	Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
--	--	--	---	---	---