

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Rice Krispies, Milk	Raisin bread and Soft Cheese	WW Bagels, No Nut Butter	Arrowroot Cookies, Milk	Granola Bars, Fresh Fruit
LUNCH	Meatballs in Tomato Sauce, WW/Vegetable Pasta, Cucumber & Carrot Sticks, Parmesan Cheese, Multigrain Bun, Fresh Fruit, Milk	Roast Chicken Drums, Yellow Rice , Baby Corn, WW Pita, Fresh Fruit, Milk	Cheese Tortellini, Tomato Zucchini Lentil Sauce, Parmesan Cheese, Double Flax Seed Bread, Broccoli Floret & Celery Sticks, Fresh Fruit, Milk	Chicken Hotdog, Roast Potato with Vegetables, Ketchup, Relish, Hotdog Bun, Fresh Fruit, Milk	Fish Sticks, Spanish Rice, Honey Mustard Sauce, Cauliflower Florets & Pepper Sticks, Whole Wheat Italian Bread, Fresh Fruit, Milk
PM	Apricot Squares, Fresh Fruits	Apple Sauce, Rice Cakes	Gold Fish, Raisins, Milk	Banana Chocolate Loaf, Fresh Fruit	Sliced Cheddar, WW/Multigrain crackers
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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